Hiking Itinerary
8 days

St Helena Island
A breath of fresh air









Saturday	***14:30***	**Arrival transfer from St Helena Airport to your accommodation.** *Transfer cost approx. £25* **Enjoy an afternoon and evening at leisure.**
Sunday	***09:00***	**Guided hike with E-connect Tours through 3 Post Box Walks in the South West region: Peak Dale, Lot and South West Point.** *Cost from £50 per person private or small group tour, or from £12 per person (group of 4-7 people) | Tour includes hotel* pick-up and drop-off | *Lunch is not included, so please arrange your own.*
	17:00	**Enjoy an authentic St Helena culinary experience 'around the mast' at Love to Camp.** *Cost from £20 pp.*
Monday	***09:00***	**Guided hike with Rock Mount Walking Tours to Flagstaff & The Barn which is rated one of the more demanding hikes, rewarded with amazing views.** *Packed lunch included | From £95.*
	19:00	**Enjoy a delightful Asian fusion dinner at the Orange Tree Restaurant.** *Reservations required in advance | From £25 pp.*
Tuesday	***09:00***	**Self-guided hike to Lemon Valley. Sit among the historic ruins of a former depot for liberated Africans. Enjoy a refreshing swim or snorkel before a steep ascent back.** *Please arrange your own lunch | Taxi cost from £20 (return to and from Rosemary Plain - start of the walk)*
	18:30	**Replenish those calories with a 'Bar and Grill' style meal at the Blue Lantern Restaurant.** Reservations required in advance | From £25 pp.
Wednesday	***09:00***	**Guided hike with Rock Mount Walking Tours to Great Stone Top, passing the intriguing Bell Stone on route.** *Packed lunch included | From £95 per tour.*
	15:00	**Enjoy a sea kayaking session around James Bay organised through New Horizons.** *From £40 pp.*
	17:30	**Enjoy the sunset by the sea with a local fish fry at the St Helena Yacht Club.** *From £10 pp.*
Thursday	***08:30***	**Guided hike with Aaron's Adventure Tours along the coast to the infamous Lot's Wife Ponds — natural rock pools great for swimming.** *Tour includes hotel pick-up and drop-off | Swimwear recommended | From £80 per tour.*
	14:00	**On return from your hike, Aaron's Adventure Tours will stop at Wranghams, a family-run coffee plantation for a coffee tour.** *From £15pp.*
	18:00	**Dine a la carte at Mantis St Helena.** *From £20 pp*
Friday	***08:30***	**Guided hike with Barry Hubbard Tours to Prosperous Bay Beach.** Tour includes hotel pick-up and drop-off | *Lunch is not included, so please arrange your own | From £80.*
	18:30	**Savour a farm-to-fork, 5-course meal at the rustic Farm Lodge Country House.** *Reservations required in advance | Cost approx. £45 plus £25 return taxi.*
Saturday	***11:30***	**Departure transfer from your accommodation to St Helena Airport.** *Transfer cost approx. £25*